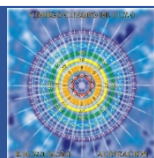


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0	Alignment "0" Merkabah Body of Light	8.16.32.0.16.32.0 Body = Original Code that contains all codes in its interior	Integrative Quantum Healing Therapy for the Development of Consciousness		
0	Essential Centre Merkabah Body of Light	8.16.32.0.16.32.0.0.0.0.0 Soul	 Channeller: Norma Tolosa @2017 Rights Reserved Merkabah Body of Light		
0	I Am Merkabah Body of Light	8.16.32.0.16.32.0.00.00.00.0 Spirit			
1	Divine Wisdom	8.16.32.0.16.32.0.7.9.2.0	17	Infinitum Merkabah Equilibrator	8.16.32.0.16.32.0.8.8.8.0
2	Sacred Feminine	8.16.32.0.16.32.0.5.2.3.0	32	Order in Chaos	8.16.32.0.16.32.0.32.4.52.0
3	Interior Light	8.16.32.0.16.32.0.8.3.7.0	31	Total Surrender	8.16.32.0.16.32.0.52.72.92.0
4	Superior Intelligence	8.16.32.0.16.32.0.13.11.13.0	30	Cosmic Family Contact	8.16.32.0.16.32.0.83.17.86.0
5	Metaquantum	8.16.32.0.16.32.0.64.10.64.0	29	Neutralization of the Shadow Pisces Sign	8.16.32.0.16.32.0.111.10.11.0
6	Twin Souls	8.16.32.0.16.32.0.69.8.69.0	28	Solar Heart Nucleus Aquarius Sign	8.16.32.0.16.32.0.4.04.44.0
7	Here and Now	8.16.32.0.16.32.0.0.7.0.0	27	Sacred Masculine Capricorn Sign	8.16.32.0.16.32.0.3.2.5.0
8	Akashic Records	8.16.32.0.16.32.0.4.3.2.0	26	Loving Resonance Sagittarius Sign	8.16.32.0.16.32.0.0.13.0.0
9	Channelling	8.16.32.0.16.32.0.18.0.44.0	25	Illumination Scorpius Sign	8.16.32.0.16.32.0.13.22.76.0
10	Inner Child	8.16.32.0.16.32.0.98.7.89.0	24	Harmonious Balance Libra Sign	8.16.32.0.16.32.0.56.212.54.0
11	Unconditional Love	8.16.32.0.16.32.0.16.32.33.0	23	Inner Master Virgo Sign	8.16.32.0.16.32.0.89.7.98.0
12	Energetic Protection	8.16.32.0.16.32.0.5.3.5.0	22	Ancestral Memories Leo Sign	8.16.32.0.16.32.0.16.303.26.0
13	Disconnection from Ego	8.16.32.0.16.32.0.113.9.00.0	21	Merkabah Quantum Healing Cancer Sign	8.16.32.0.16.32.0.91.118.64.0
14	Christic Planetary Grid	8.16.32.0.16.32.0.555.3.00.0	20	Love of Life Gemini Sign	8.16.32.0.16.32.0.77.11.64.0
15	Cosmic Synchrony Merkabah Decodifier	8.16.32.0.16.32.0.11.2.11.0	19	To Make Miracles Taurus Sign	8.16.32.0.16.32.0.01.05.15.0
16	Spirit Calling Merkabah Activator	8.16.32.0.16.32.0.144.0.144.0	18	Return Home Aries Sign	8.16.32.0.16.32.0.18.33.81.0

STEP 1

Connect with these Meditations or Codes:

Repeat these sequences 9 times and then say:

It is done: Connected, Integrated, Manifested and Anchored. Thank you, Thank you, Thank you

STEP 2

Integrate these Meditations or Codes:

Repeat the Connections 32 times:

3 times a day

STEP 3

Manifest and Anchor these Meditations or Codes

Repeat one connection by touching a tree, the ocean or Nature

As many times as you want